

PRE-PREP



FOUNDED 1553

BROMSGROVE

OUTSTANDING EDUCATION FROM 2 TO 18. CO-EDUCATIONAL, BOARDING AND DAY.

FLAIR
DISCIPLINE
ACADEMIC RIGOUR

Week 3 - Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
Crudities	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper
Main Course 1	Italian Pork Meatballs served with a Tomato and Lentil Sauce	British Beef and Vegetable Ragu served with Herby Garlic Bread	Baked Jacket Potato with Indian Chicken Curry	Red Tractor Roast Chicken Breast with all the trimmings	Pepperoni and Cheddar Cheese Wholemeal Pizza with Vegetable infused Sauce
Main Course 2	A Simple Tomato, Quorn, Lentil Sauce	Tomato and Mozzarella Bruschetta	Baked Jacket Potato with Baked Beans and Cheddar Cheese Shards	Chinese Sweet and Sour Quorn and Vegetables served with Egg Noodles	Margherita Wholemeal Pizza with Vegetable infused Sauce
On the Side	Wholemeal and Durum Wheat Pasta, Peas	Steamed New Potatoes, Carrot, Cucumber Sticks and Cherry Tomatoes	Steamed Sweetcorn and Broccoli	Roasted Crispy Potatoes, Medley of Fresh Vegetables	Chunky Oven Chips, Garden Peas and Baked Beans
Dessert	Traditional Apple and Strawberry Crumble served with Custard		Homemade Shortbread		Blossom Honey and Cinnamon Tray Bake served with Custard
Dessert	Natural Yoghurt and Fresh Fruit	Natural Yoghurt, Fruit Jelly, Fresh Fruit Selection	Natural Yoghurt and Fresh Fruit	Natural Yoghurt and Fresh Fruit	Natural Yoghurt and Fresh Fruit